

# YMCA CAMP FITCH

## Outdoor Education Clothing and Equipment List

Sack Lunch - bring packed lunch for first day!

### Bedding

Sleeping bag or sheets (Twin size) and blankets (2), pillow and pillowcase

### Clothing

Raincoat or poncho	Warm Jacket
Pajamas - 1 pair	Tennis shoes - 1 pair
Underwear - 2 or 3 pairs	Boots - 1 pair (fairly waterproof)
Socks - 3 or 4 pairs	Hat - Warm and protective
Jeans or Sweatpants - 3 or 4 pairs	Mittens or gloves
Heavy & Light shirts	Sweaters and Sweatshirts

### Toiletry Articles

Toothpaste & toothbrush	Comb or Brush
Soap & Shampoo	Kleenex or Handkerchiefs
Towel & Washcloth	

### General Equipment

Flashlight	Extra Garbage Bag (for Trip Home)
------------	-----------------------------------

### Optional

Compass	Camera & Film
Binoculars	Field Guides
Nature Identification Books	Scout Manuals
Pocket Magnifying Glass	Insect Repellent & Sunscreen

### Prohibited Items

Money	Radios	Knives	Archery Equipment
Food	Chewing Gum	Firearms	Cell Phones & Pagers
Mp3 Players & iPods			Electronic Games

**Note:** *Proper clothing is of the utmost importance to the campers' experience, especially during the winter months. We recommend that several layers of medium weight clothing be worn instead of one heavy coat. This arrangement allows "ADJUSTMENTS" to be made as weather conditions warrant. Groups attending Camp Fitch are, of course, responsible for arranging good weather!!*